# **NW PA Veteran Suicide Prevention Program**

Monthly Report: March 2022

### **Program Overview**

The Northwest Pennsylvania Veteran Suicide Prevention Program (NWPAVSPP) is a collaborative effort between federal and state-level entities, community-level service providers, and organizational experts in suicide prevention to create significant and lasting change in the 15-county NW PA region. The program aims to reduce Veteran suicide attempts and death by an average of 10% over five years (2020-2025). Other program goals include increasing awareness of suicide risk, promoting community connection and resilience, and improving delivery of suicide care.

**Report Summary** 



# **Key Updates**

- Held a total of 32 meetings with external stakeholders
- Secured recruitment of 1 additional regional primary care site
- Conducted **3** gatekeeper trainings for a total of **40** individuals trained

### **Key Next Steps**

- Implement real-time meeting evaluation polls to increase stakeholder feedback
- Initiate onboarding activities and technical assistance efforts for recruited primary care sites
- Pilot the suicide awareness and attitudes survey with a community stakeholder group
- Secure a partnership or venue to host a community greening event within a Region 1 county

### Outcomes

#### Key Points:

- The March **Advisory Group** meeting included breakout room discussions about state-wide and community implementation and evaluation activities.
- The Communication & Dissemination Work Group and Data & Evaluation Work Group met in March and developed marketing strategies and evaluation instruments for gatekeeper training, respectively.
- The March Journal Club discussion focused on <u>military combat</u> <u>exposure</u> and its implications for Veteran suicide and suicide prevention efforts.

#### Summary:

- Responses continue to show **strong approval** of the meetings. All respondents either agreed or strongly agreed with all statements.
- Open-ended comments offered thanks to the PERU team for their effort and support.

#### Next Steps:

- **Response rates remained low in March** despite multiple inperson and email reminders to complete evaluations following each meeting.
- The project team will embed time within meeting agendas, **beginning in April**, for stakeholders to complete a brief, real-time evaluation poll.

## **Key Informant Interviews**

- Key informant interviews (KIIs) will be **conducted quarterly** to gather stakeholder feedback on the following areas: PERU's project management and leadership, quality and strength of partnerships, and communication and data reporting.
- The **first round of KIIs** was completed with five Advisory Group partners in September 2021. Responses were analyzed and reported in October 2021.
- Results from the first round of interviews identified a lack awareness of project activities. Since this feedback
  was received, the project team has implemented a <u>monthly newsletter</u> and structured project updates at every
  stakeholder meeting.
- The **second round of KIIs**, which included seven interviews, was **completed at the end of March**. The results of these interviews will be included in the April monthly report and will also be shared with the Advisory Group for discussion.

Meeting	Partner Attendance
Advisory Group Meeting	13
Communication & Dissemination Work Group	4
Evaluation Work Group	4
Journal Club	4

Meeting	Responses
Advisory Group	5
Communication & Dissemination Work Group	0
Data & Evaluation Work Group	0

### **Region 1**

PERU is working to enhance local suicide prevention, intervention, and response efforts and work to address gaps in efforts or services. Implementation is being phased across **three geographic regions** that were selected based on resource availability and existing healthcare and community partnerships. Currently, implementation efforts are focused in **Region 1: Erie, Crawford, Venango, Warren, McKean**.



#### Partner Engagement

The goal of the program's outreach and engagement strategy is to build and maintain positive relationships with community partners in each county to support implementation efforts. The table below represents the **number and types of meetings** held in March. Only **meeting encounters** are included in this report, but future reports will include data from PERU's **technical assistance encounter log** to represent the full scope of the implementation team's efforts in partner recruitment and engagement.

Entity Type	Meeting Purpose	# Meetings
		March 2022
County Coalitions/Task Forces	Continued Engagement	5
Dept. of Military & Veterans Affairs (DMVA)	Continued Engagement	3
Healthcare	Site Recruitment	4
Healthcare	Data Reporting	1
Hold My Guns & National Shooting Sports Foundation	Safe Storage Planning	2
Other Community Stakeholders	Continued Engagement	2
State-Level Agencies	Continued Engagement	2
UPMC Western Behavioral at Safe Harbor	Recruitment & Training Planning	7
VA VISN4	Continued Engagement	3
Advisory Group and Workgroups	Project Planning	3
	Totals	32

#### **Resource & Material Development**

The program team continues to create **resources and materials** to ensure all stakeholders are informed about the program goals and activities and are afforded the opportunity to provide program implementation input to enhance their engagement with the program. Over the past month, the following materials have been developed:

- 3 website <u>blog posts</u>
- 1 monthly <u>newsletter</u>
- 1 military cultural competency training

#### Process Evaluation & Continuous Quality Improvement (CQI) Efforts

To support implementation efforts, the **program's evaluation team** completed the following activities over the past month.

- Conducted 5 KIIs with Advisory Group stakeholders
- Updated the program's impact model to visualize the impact of each individual intervention as well as the impact of the tiered approach on program outcomes