

QPR (QUESTION. PERSUADE. REFER.)



Suicide Prevention Training

Suicide is the **10th** leading cause of death in the U.S.¹



Pennsylvania suicide rates, especially in rural counties, are **higher** than the national average²

Everyone has a role in preventing suicide.

To learn how you can support your community and learn how to intervene to prevent suicide, register for the upcoming training session today!

The session is open to **anyone** and will be delivered in-person.

QPR is a two-hour educational program designed to train people as “gatekeepers” about the warning signs of a suicide crisis and how to respond. A **gatekeeper** is someone in a position to recognize a crisis and warning signs that someone may be at risk³.

- 1 Question** the person’s desire or intent regarding suicide.
- 2 Persuade** the person to seek and accept help.
- 3 Refer** the person to appropriate resources.

QPR Training Session

Sunday, August 14, 2022

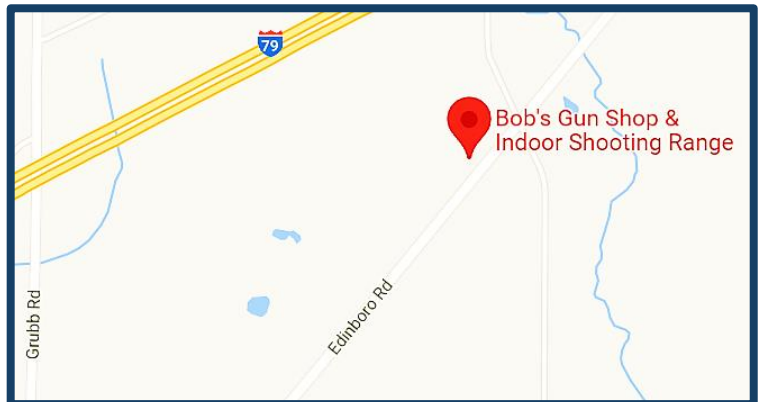
1:00-3:00 PM

Hosted by:

Bob’s Gun Shop & Indoor Shooting Range
8470 Edinboro Rd McKean, PA 16426

SIGN-UP TODAY!

Call: 412-383-3931
Email: nwpaveteran@pitt.edu



¹ CDC. (2021, January 21). Fast Facts. [www.cdc.gov](https://www.cdc.gov/suicide/facts/index.htm). <https://www.cdc.gov/suicide/facts/index.htm>
² Centers for Disease Control and Prevention. Web-based Injury Statistics Query and Reporting System In: 2017.
³ QPR Institute: Practical and proven suicide prevention training. QPR Institute