

# QPR (QUESTION. PERSUADE. REFER.)



## Suicide Prevention Gatekeeper Training

Suicide is the **10<sup>th</sup>** leading cause of death in the U.S.<sup>1</sup>



Pennsylvania suicide rates, especially in rural counties, are **higher** than the national average<sup>2</sup>

### Everyone has a role in preventing suicide.

To learn how you can support your community and learn how to intervene to prevent suicide, register for the upcoming training session today!

The session is open to **anyone** and will be delivered in-person.

QPR is a two-hour educational program designed to train people as “gatekeepers” about the warning signs of a suicide crisis and how to respond. A **gatekeeper** is someone in a position to recognize a crisis and warning signs that someone may be at risk<sup>3</sup>.

- 1** **Question** the person’s desire or intent regarding suicide.
- 2** **Persuade** the person to seek and accept help.
- 3** **Refer** the person to appropriate resources.

### QPR Training Session

**Thursday, March 9, 2023**

**6:00-8:00 PM**

**Hosted by:**

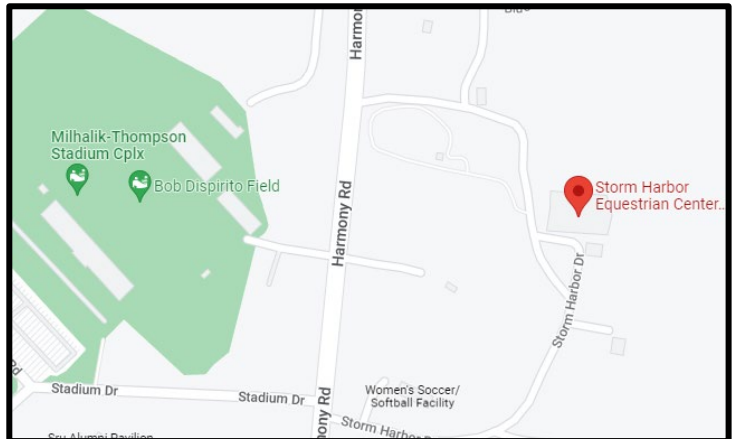
Storm Harbor Equestrian Center  
245 Harmony Rd, Slippery Rock, PA 16057

### SIGN-UP TODAY!



<https://bit.ly/3WXkn17>

Questions? Call: 878-208-8186  
Email: pag109@pitt.edu



SlipperyRock  
University  
Student Support

<sup>1</sup> CDC. (2021, January 21). Fast Facts. [www.cdc.gov. https://www.cdc.gov/suicide/facts/index.htm](https://www.cdc.gov/suicide/facts/index.htm)

<sup>2</sup> Centers for Disease Control and Prevention. Web-based Injury Statistics Query and Reporting System In: 2017.

<sup>3</sup> QPR Institute: Practical and proven suicide prevention training. QPR Institute

Funded by the CDC’s Division of Injury Prevention

