



COUNSELING ON ACCESS TO LETHAL MEANS



Suicide Prevention Training

Reducing access to lethal means, such as firearms and medication, can determine whether a person at risk for suicide lives or dies.

The CALM course is about how to reduce access to the methods people use to kill themselves. It is a **one-hour virtual training** primarily designed for mental health professionals, but others who work with people at risk for suicide, such as health care providers and social service professionals, would also benefit.

The CALM curriculum covers who needs lethal means counseling and how to work with people at risk for suicide—and their families—to reduce access.

Trainings are open to anyone and will be delivered virtually, via Zoom.

SIGN-UP TODAY!



<https://rb.gy/j4oea>

CALM Training Sessions (virtual)

- **Tuesday, May 14, 2024**
12:00-1:00 PM
- **Wednesday, May 29, 2024**
11:00 AM-12:00 PM
- **Tuesday, June 4, 2024**
4:00-5:00 PM
- **Tuesday, June 11, 2024**
2:30-3:30 PM

Free CEUs will be provided in CME/CNE/ASWB/ACE/APA/CEP.

Questions? Call: 878-208-8186 OR Email: pag109@pitt.edu



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